



Skate Brandon 2018 Summer Training Programs

July 2 – July 27, 2018

Kinsmen Arena - 1175 18th Street Brandon, Manitoba

Coordinator:

Tammy McKay Phone: 724-3563 Email: tfournier@mymts.net

Skate Brandon Website: www.skatebrandon.ca

Sanctioned by Skate Canada

Contact Tammy McKay for Registration Form
Registration deadline – May 25, 2018

Skate Brandon Team Coaches:

<p>Tammy McKay Certified National Coach Respect in Sport Certified 35+ years coaching experience Individual \$11.50/15 minutes Group/Choreo \$12.50/15 minutes Cell: 204-724-3563 Email: tfournier@mymts.net</p>	<p>Laurie Bertholet Certified National Coach Respect in Sport Certified 30+ years coaching experience Individual \$10.50/15 minutes Group \$11.00/15 minutes Cell: 204-522-6052 Email: altc@goinet.ca</p>	<p>Kelly Walker Certified Provincial Coach Respect in Sport Certified 17 years coaching experience Individual \$8.50/15 minutes Group \$9.00/15 minutes Cell: 204-573-9100 Email: kellwalk012@gmail.com</p>	<p>Tiffany Devlin Certified Regional Coach Respect in Sport Certified 8 years coaching experience Individual - \$7.25/15 minutes Group - \$7.75/15 minutes Cell: 204-761 – 8531 Email: tiff.smith9@gmail.com</p>
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***Supplemental/Guest Coaches will be arranged by the Coordinator as needed.**

***Please book lessons with your chosen coach. If you need assistance, please contact the coordinator.**

***Coaches wishing to bring their own skaters are welcome to join any session, provided they have obtained permission from Skate Brandon Summer School Coordinator.**

TRAINING FEES

STARSKATE PROGRAM

Week 2, 3, 4 - \$160.00 for each week

Includes:

- Ice Fees (all noted Star sessions each week)
- Coaching for listed on ice Group time
- Off-ice Group instruction 3 times each week

Extras:

- \$10 Simulations (available Tuesdays only)

COMPETITIVE PROGRAM

Week 1 - 4 - \$275.00 for each week

Includes:

- Ice fees (all noted Comp sessions each week)
- Coaching for listed on ice Group times
- Listed off-ice Group instruction
- Simulations Tuesdays and Thursdays

Test Day will be July 19, 2018

Week 1-4 - drop in fees for full 3 Week Starskate package or full 4 Week Competitive package - \$20/session

Week 1-4 - drop in for less than 3 week Star or 4 week Competitive package - \$25 for 1 session; \$45 for 2 sessions; \$65 for full day.

*only the full day rate will include off-ice and group sessions on those days.

*drop in fees must be paid prior to session(s)

Skate Brandon reserves the right to change or cancel any program for which there is insufficient paid registration

STARSKATE – STARSkate – Pre-Juvenile
COMPETITIVE – Juvenile – Senior
OPEN – STARSkate – Senior

*** Skate Brandon/Coordinator reserves the right to place skaters on the session that they feel will be the most beneficial to both the skater and the Summer School. Please be aware that sessions have been labelled Competitive and Star to provide some guidance. Session assignments will be made by the coordinator and the schedule will be emailed to each skater prior to the start date.**

2018 Summer Competitions:

Winnipeg Summer Open	July 28 – 29	Winnipeg
Wild Rose Competition	August 3 – 5	Edmonton
Thornhill Summer Skate	August 16 – 19	Toronto
BC Summer Skate	August 16 – 19	Vancouver

Proposed Schedule *Subject to Change*

Monday Week 1 July 2	Tuesday July 3	Wednesday July 4	Thursday July 5	Friday July 6
<p>Kinsmen</p> <p>10:55-11:15 Comp Off-Ice 11:30-11:40 Comp Figures 11:40-12:30 Comp Freeskate Lunch Break 1:30-2:20 Comp Freeskate 2:20 FLOOD 2:30-3:20 Comp Freeskate</p>	<p>Kinsmen</p> <p>11:00-11:15 Simulations 11:15-12:00 Comp Freeskate Lunch Break 1:00-1:10 Comp Edges 1:10-1:55 Comp Freeskate 1:55 FLOOD 2:05-2:50 Comp Freeskate</p>	<p>Kinsmen</p> <p>10:55-11:15 Comp Off-Ice 11:30-11:40 Comp Figures 11:40-12:30 Comp Freeskate Lunch Break 1:30-2:20 Comp Freeskate 2:20 FLOOD 2:30-3:20 Comp Freeskate</p>	<p>Kinsmen</p> <p>11:00-11:15 Simulations 11:15-12:00 Comp Freeskate Lunch Break 1:00-1:10 Comp Edges 1:10-1:55 Comp Freeskate 1:55 FLOOD 2:05-2:50 Comp Freeskate</p>	<p>Kinsmen</p> <p>8:40-9:00 Comp Off-Ice 9:15-10:05 Comp Freeskate 10:05 FLOOD 10:15-11:05 Comp Freeskate 11:05-11:20 Comp Spins/Jump Consistency</p>
Week 2 July 9	July 10	July 11	July 12	July 13
<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Figures 11:10-12:00 Comp Freeskate 12:00 Flood 12:10-12:55 Comp Freeskate 12:20 Star Off-Ice 12:55-1:10 Comp & Star Group 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Star & Comp Freeskate</p>	<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Edge/Turns 11:10-12:00 Comp Freeskate 11:25-11:45 Star Off-Ice 12:00-12:15 Comp & Star Group 12:15 FLOOD 12:25-1:10 Star & Comp Freeskate 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Sims & Comp Freeskate</p>	<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Figures 11:10-12:00 Comp Freeskate 12:00 Flood 12:10-12:55 Comp Freeskate 12:20 Star Off-Ice 12:55-1:10 Comp & Star Group 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Star & Comp Freeskate</p>	<p>Kinsmen</p> <p>11:00-12:00 Sims & Comp Freeskate 11:25 Star Off-Ice warm up 12:00-12:15 Star & Comp group 12:15-1:00 Star & Comp skills/dance/open 1:00 FLOOD 1:10-1:55 Star & Comp Freeskate 1:55-2:05 FLOOD 2:05-2:50 Comp Freeskate</p>	<p>Kinsmen</p> <p>9:15-10:05 Comp Freeskate 10:05 FLOOD 10:15-11:05 Comp Freeskate 11:05-11:20 Comp Spins/ Jump Consistency</p>

Week 3 July 16	July 17	July 18	July 19	July 20
<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Figures 11:10-12:00 Comp Freeskate 12:00 Flood 12:10-12:55 Comp Freeskate 12:20 Star Off-Ice 12:55-1:10 Comp & Star Group 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Star & Comp Freeskate</p>	<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Edge/Turns 11:10-12:00 Comp Freeskate 11:25-11:45 Star Off-Ice 12:00-12:15 Comp & Star Group 12:15 FLOOD 12:25-1:10 Star & Comp Freeskate 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Sims & Comp Freeskate</p>	<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Figures 11:10-12:00 Comp Freeskate 12:00 Flood 12:10-12:55 Comp Freeskate 12:20 Star Off-Ice 12:55-1:10 Comp & Star Group 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Star & Comp Freeskate</p>	<p>Kinsmen</p> <p>11:00-12:00 Sims & Comp Freeskate 11:25 Star Off-Ice warm up 12:00-12:15 Star & Comp group 12:15-1:00 Star & Comp skills/dance/open 1:00 FLOOD 1:10-1:55 Star & Comp Freeskate 1:55-2:05 FLOOD 2:05-2:50 Comp Freeskate</p> <p>*Test Day – Schedule TBD*</p>	<p>Kinsmen</p> <p>9:15-10:05 Comp Freeskate 10:05 FLOOD 10:15-11:05 Comp Freeskate 11:05-11:20 Comp Spins/Jump Consistency</p>
Week 4 July 23	July 24	July 25	July 26	July 27
<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Figures 11:10-12:00 Comp Freeskate 12:00 Flood 12:10-12:55 Comp Freeskate 12:20 Star Off-Ice 12:55-1:10 Comp & Star Group 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Star & Comp Freeskate</p>	<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Edge/Turns 11:10-12:00 Comp Freeskate 11:25-11:45 Star Off-Ice 12:00-12:15 Comp & Star Group 12:15 FLOOD 12:25-1:10 Star & Comp Freeskate 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Sims & Comp Freeskate</p>	<p>Kinsmen</p> <p>10:25-10:45 Comp Off-Ice 11:00-11:10 Comp Figures 11:10-12:00 Comp Freeskate 12:00 Flood 12:10-12:55 Comp Freeskate 12:20 Star Off-Ice 12:55-1:10 Comp & Star Group 1:10-1:55 Star & Comp skills/dance/open 1:55 FLOOD 2:05-2:50 Star & Comp Freeskate</p>	<p>Kinsmen</p> <p>11:00-12:00 Sims & Comp Freeskate 11:25 Star Off-Ice warm up 12:00-12:15 Star & Comp group 12:15-1:00 Star & Comp skills/dance/open 1:00 FLOOD 1:10-1:55 Star & Comp Freeskate 1:55-2:05 FLOOD 2:05-2:50 Comp Freeskate</p>	<p>Kinsmen</p> <p>9:15-10:05 Comp Freeskate 10:05 FLOOD 10:15-11:05 Comp Freeskate 11:05-11:20 Comp Spins/Jump Consistency</p>